Cut together clips and screenshots shedding light on recent negative attention towards social media platforms. Then end with proposing Entropy as part of that solution.

[How Social Media Filters Are Destroying Our Mental Health | The Daily Show](https://www.youtube.com/watch?v=aedB7x6cjjQ)

* 3:45 “we are basically catfishing ourselves

[Social Media: Friend or Foe? | The Daily Show](https://www.youtube.com/watch?v=TgL42TGSh9U&t=956s)

[Is Social Media Hurting Your Mental Health? | Bailey Parnell | TEDxRyersonU](https://www.youtube.com/watch?v=Czg_9C7gw0o)

4:25 might be good